

W2 Norwood Hall Lunch Menu, w/c Monday 22nd of April



| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------------|--|--|---|---|--|---|---|
| Main Course | Sticky Teriyaki Chicken Meatballs With Ginger, Chilli & Spring Onion | Chunky Beef Chilli With Sour Cream | Traditional Lasagne | Beef Meatball & Slow Roasted Tomato Gnocchi With Olives | Freshly Battered Haddock Fillet or Jumbo Fish Finger With Tartare Sauce | Roasted Rolled Pork Belly With Rich Pan Gravy & Apple Sauce | Selection of baguettes, cheese and Wiltshire ham, Pastrami, coronation chicken |
| Second Option | Slow Cooked BBQ Brisket, Brioche Bun, Slaw & Gherkins | Mediterranean Roasted Chicken, Black Olives, Tomato & Feta with Pitta | Cumberland Sausage & Onion Gravy | Confit Chicken Leg, Puy Lentils with Pancetta, Red Wine Sauce | Chicken & Bacon Farfalle, Creamy sauce | | Pasta & baked potato bar with various fillings Chilli beef, baked beans, grated cheese and pesto |
| Vegetarian Option | Sticky Vegan Teriyaki Meatballs | Sticky, Meat Free Chilli Stir Fry | Roasted Vegetable & Spinach Lasagne | Spiced Sweet Potato Sheppard's Pie With Cumin & Turmeric | Egyptian Kosheri, Chickpea Stew with Rice & Lentils | Veggie Toad In The Hole With Gravy | |
| Carbohydrate | Steamed Rice | Long Grain Rice | Garlic Bread | Cheesy Gratin Potato Bake | Chips | Roast Potatoes | |
| Carbohydrate | | | Mash Potato | | Baked Beans | | |
| Vegetable Side Dish | Sautee White Cabbage | Steamed Sweetcorn | Roasted Courgettes | Sautéed Savoy Cabbage & Kale | Garden Peas | Steamed Carrots | |
| Vegetable Side Dish | Peas | Broccoli | Green Beans | Roasted Carrots | Mushy Peas | Cauliflower Cheese | |
| Jacket Potato | Baked beans | Baked beans | Baked beans | Baked beans | Baked beans | Chefs sauce of the day | |
| & Pasta Bar | Chefs sauce of the day | Chefs sauce of the day | Chefs sauce of the day | Chefs sauce of the day | Chefs sauce of the day | | |
| Soup of the Day | Curried Lentil | Celeriac & Roasted Garlic & Crème fraiche | Watercress, Mint & Pea | Tomato & Basil | Red Lentil & Coconut | Roasted Red Pepper | |
| Desserts | Chocolate Krispie bar or Jelly | Lemon drizzle cake or Lotus Biscoff Chocolate pot | Blackcurrant & Banana smoothie or Fresh Fruit Salad | Mango & Lime Cheesecake or fresh Pineapple | Chocolate Fudge Cake or Strawberry Delight Pot | Apple & Blueberry crumble or White chocolate chip cookies | Chefs Dessert of the Day |